

Heavenly Veggies
WELLNESS WORKSHOPS

HEAVENLY VEGGIES & Palmridge Hotel
present
Health & Wellness Seminar Series

Weekly Sessions
Thursdays, 6:00PM-7:00PM
at the Palmridge Hotel, Barrigada/Tiyan, Guam

FREE Metabolic Measurements
BMI / Body Fat / Body Water
at 5:30PM

Sessions continue January through November
at the Palmridge Hotel, Barrigada/Tiyan, Guam

For further information:
Call *Heavenly Veggies* at (671)-647-0334